



YOUR
DOCTOR VISIT
Checklist



**BRING THIS
 INFORMATION TO
 YOUR VISIT:**



**Your and your family's
 medical history**



Current medical concerns



**Current medications
 and/or nutritional and
 herbal supplements**



**Health issues you would
 like to discuss**



**QUESTIONS TO ASK
 DURING YOUR VISIT**



About a new or current diagnosis:

- What does this diagnosis mean?
- Will I need to see specialists? Why? What will that process look like?
- What are my next steps for follow-up care?
- Will I need to make lifestyle changes? If so, what are they?



About a new medication:

- How should I take this new medication?
- What are the possible side effects?
- Could this medication interfere with any medications or supplements I currently take?



Beaufort Memorial